

Figure 20

Table 3

| Neither Pre/Post | Percent Change |
|----------------------------|----------------|
| Ecoliteracy | -50% |
| My Contribution | -25% |
| Long-term thinking | -18% |
| Both-And | 13% |
| Flow in cycles | 83% |
| Interconnectedness | 225% |
| Creative Innovation | 38% |
| Reflection | 31% |
| Self-Awareness | 14% |
| One-ness with Nature | 38% |
| Mindfulness | 100% |
| Purpose | 50% |