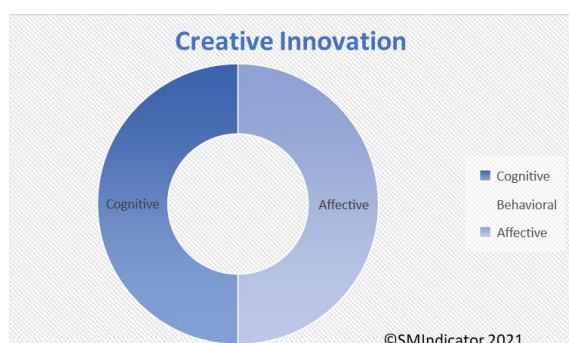




/EMOTIONAL INTELLIGENCE

Understanding ourselves through the anchors of our identity, the pace of our life, and how we consider our intuitive wisdom are key for a sustainability mindset.

/WHAT IS ASSESSED HERE: HOW YOU INCORPORATE NON- RATIONAL INFORMATION, INTUITIVE KNOWING, CREATIVITY AND IMAGINATION IN ORDER TO BALANCE RATIONAL THINKING, AND HOW YOU FEEL ABOUT IT.



What this tells you:

This graph shows that your approach to the assessed topic is both cognitive and affective, but you are not necessarily translating what you know and feel into actions. You might use this information to explore new habits and daily changes for a sustainability purpose.

YOUR SMI RESPONSES INDICATE THAT you have a clear understanding of the value of combining your logical and analytical thinking abilities with creative imagination.

You know that the human mind is capable of great accomplishments, as history has shown, when intuition and creative ideas are coupled with rational thinking and good strategies. You may even trust that our sustainability problems could be addressed with a good balance of these abilities.

Aligned with that understanding, you actually find uncertainty exciting! You enjoy the fact that reality presents you with plenty of unknowns.

Interestingly, at the same time, your choices in the questionnaire indicate that **you are comfortable** contributing largely rational thinking when analyzing a problem. You may find yourself in the role of the defender of structures and stability, and the keeper of the status quo. You are very careful in avoiding what you consider unnecessary risks.

At first glance, an interesting disconnect appears:

- Your avoidance of risk in certain contexts
- with your tolerance of uncertainty in not knowing how something might work out. You are indeed able to live with a certain degree of risk-taking. What a valuable asset for these times!

/THINK ABOUT HOW YOU CAN FURTHER LEVERAGE YOUR STRENGTHS AND MANAGE SOME OF THE LIMITATIONS WHICH MAY BE HOLDING YOU BACK:

Maybe you channel the adventure-ready aspects of your personality into specific situations - perhaps your vacation time, or your free time. That is where your creativity and even your intuitive wisdom is possibly expressed.

If that is the case, do you think that you could bring it more into other contexts? What would have to be true and how can you influence this? Do you hold on to the idea that your rational thinking is a more important skill to solve problems? If so, why?

This must create some tension - between your need for order and strategic plans and your moments of unleashed imagination!

/THOUGHTS TO PONDER WHEN YOU CONSIDER THE SM:

You know that the sustainability challenges we are facing are largely new, and as COVID-19 taught us, increasingly situations arise for which we don't have previous experience or science on which to rely. We have become more aware of this complexity of our challenges, and we are skeptical of simplistic solutions.

However, this also requires entry into uncharted territories. Resilience calls for flexibility in adapting to new situations, and this entails innovating and experimenting. Having no plans or blueprints to follow may be unsettling, and the only choice is to take some risks.

It seems that you have a reservoir of imagination available to tap into, and perhaps intuitive wisdom as well. This can help complement your strategic thinking, and maximize your achievements for the benefit of all.

Resilience is based on constant creativity, innovation, and experimentation. When we neglect the non-rational wisdom we have in us, our solutions are missing critical information, and may create negative impacts on the ecosystem and society.

